

## Saturday Parenting Workshop

### *Auburn Hospital: 2012*

- 1 x 6 hour workshop, **9am to 3.30pm** (level 5, Conference Room 1)
- morning tea included
- Cost: **\$ 90** (couples booked at Auburn Hospital) or \$100 for couples not booked for care at Auburn Hospital.
- Topics include:
  - Exercise in late pregnancy
  - Labour & Birth process
  - Pain Relief options
  - Unexpected Outcomes
  - Caring for Baby
  - Maternity Unit tour
- Book in early as class sizes are limited and book out quickly.
- **Best to attend when 32 to 36 weeks pregnant.**



### Dates for 2012 Classes

21 <sup>st</sup> January	7 <sup>th</sup> July
12 <sup>th</sup> February	4 <sup>th</sup> August
3 <sup>rd</sup> March	8 <sup>th</sup> September
14 <sup>th</sup> April	6 <sup>th</sup> October
5 <sup>th</sup> May	3 <sup>rd</sup> November
2 <sup>nd</sup> June	8 <sup>th</sup> December

Registration contact:

**Mary**

Phone: 87593351

Email: [Mary.Ashley@swahs.health.nsw.gov.au](mailto:Mary.Ashley@swahs.health.nsw.gov.au)

**Please leave a detailed message with: your full name, phone number, MRN number and which class you wish to book into.**

## Wednesday Breastfeeding Workshop *Auburn Hospital: 2012*

- 1 x workshop held on level 5 conference room 1 - **945am to 1215pm.**
- Ideal for : 1<sup>st</sup> time mums and women who have had previous difficulties Breastfeeding
- Cost: **FREE** to couples who are booked at Auburn Hospital; **\$30** to all others.



### Dates for 2012 Classes

18 <sup>th</sup> January	11 <sup>th</sup> July
8 <sup>th</sup> February	8 <sup>th</sup> August
7 <sup>th</sup> March	12 <sup>th</sup> September
11 <sup>th</sup> April	10 <sup>th</sup> October
9 <sup>th</sup> May	7 <sup>th</sup> November
6 <sup>th</sup> June	12 <sup>th</sup> December

Registration contact:

**Mary**

Phone: 87593351

Email: [Mary.Ashley@swahs.health.nsw.gov.au](mailto:Mary.Ashley@swahs.health.nsw.gov.au)

**Please leave a detailed message with: your full name, phone number, MRN number and which class you wish to book into.**



**After you have registered your name and received confirmation of a place in the allocated class you can make the registration payment.**

Your fee of **\$90** is now due:

Payment must be received two weeks before the class. If you have any queries please telephone the cashier on (02) 87593401 between 8.30am & 4pm. Please pay ASAP as places are limited to the 1<sup>st</sup> 10 women booked and paid.

**Please bring your receipt and antenatal card to class**

*Cut Here*

## Preparation for Parenthood Class Confirmation

Mail payment may be made by cheque, credit card or money order. Please return this slip with payment to:

Cashier Auburn Hospital  
Locked Bag 263  
Silverwater Business Centre NSW 1811

Credit card payments by telephone: 8759 3401

Please tick the appropriate box Bankcard [ ] MasterCard [ ] Visa [ ] Expiry date \_\_\_\_/\_\_\_\_

Amt \$ \_\_\_\_\_

\_\_\_\_\_  
Cardholder's Signature

\_\_\_\_\_  
Cardholder's Name (Please Print)

SURNAME \_\_\_\_\_ FIRST NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

Telephone number (Home) \_\_\_\_\_ Work \_\_\_\_\_

Date of Class \_\_\_\_\_

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**OFFICE USE ONLY**

Receipt Number \_\_\_\_\_

Date Paid \_\_\_\_\_

Cost Code 353815